

**FAMILY : BEST SUPPORT SYSTEM FOR AN INDIVIDUAL (IT  
MAINTAINS KAPHA ELEMENTS : THE BONDINGS )  
UNDERSTAND ITS VALUE BY THE EXAMPLE OF THE MOVIE  
KABIR SINGH.....**

The character Kabir Singh represents the youth of this era, whom we see all around. It shows the face of the society and lacking of communication between parents and children.

I love watching movies as they portray the characters the writer has seen around him or met somewhere. They are the mirror of the society and try to teach us so many things. Every movie has some lesson to teach the audience. So when I watch a movie I try to analyze the mental and physical behavior of the characters. I always try to write and share whatever I learn from the movies.

Yesterday, I went to see KABIR SINGH, amazing work done by Mr. Shahid Kapoor, he deserves all praises to portray the character of a person. He is a very good actor, acting is his passion and he did 100% justice to the character.

I am not here to discuss Shahid, I want to say something about KABIR SINGH as Kabir Singh is face of one of the youths of our society, it is a presentation of the situations what young generation is going through now a days and some lacking on the part of parents and society.

Kabir journey into life started when he was born or we can say when there was fusion of sperm and ovum. In the words of Kabir Singh and most of the population of universe the EMBRYO/CHILD is a collection of mass and blood. No, a child is not merely mass and blood, it is possession of the love and emotions of the parents and most important the intentions of the parents with which they go for the conception and all these thoughts, wishes and properties are manifested in the child born.

The child possess the quality of his genes and other factors which mother face during pregnancy, which I usually talk about in Garbhadhaan Process. Further the grooming of the child is done by the parents and all the members of the family, if living in combined family. Whatever environment we provide to our child, the child learns to adapt to that environment and changes. So, the parents should guide the children to earn everything in life even the toys and other accessories so that children learn to respect everything they possess. When parents keep on providing everything to the child, the child can never value the hardship in achieving anything and patience do not develop in that child and they are not ready to encounter any compromise in life. We the parents should teach children the art of sharing, compromising and respecting elder persons.

Every contestant can not be a winner, out of ten only one will be a winner and other nine should learn the art of acceptance that yes, only one can be the winner.

Kabir is genius but he disrespects his dean, being a topper never gives you permission to disrespect the person who is your 'Guru'. The teacher could not utter even a word; the bad part was when kabir tells his teacher, "Sir, ap continue kro". Here I want to comment upon that in olden days teachers used to teach etiquette and manners to the students, but now a day's teachers cannot say any word to the student, as it becomes offense.

It is now the duty of parents only to teach these manners of obedience and respect to the children but Parents being busy in their own assignments cannot give the time needed for the children as a matter of fact now a day's children are becoming irresponsible in behavior.

KABIR is a genuine and honest person but he disrespects the girl he loves so much and above all slaps her and left her in agony, he does not even understand the problem and dilemma of his beloved.

He needs everything on his own terms and conditions, which is not possible in cycle of life. He himself turns out to be weak and also could not handle the situation. In Despair took to the option of suicide, which is a solution left to so many Kabirs in our society as they have not learnt the art of management and acceptance to problems.

In movie when the child need the parents most for emotional support, the father ask him to leave the house. The children should be given a support when they are in problem, as if parents won't give them a shoulder, then they are forced to depression and addiction to drugs. The number of depression cases is on rise as there is no shoulder available to rest or cry upon when a person needs it most. Not everyone is lucky as kabir to have a sincere, caring and helping friend, who stands besides him in every odd condition. Friends too have limitations, they can be a support but cannot be a parent to guide what is good or bad, so they can only help to a limit only.

Our combined families are best available support for the family members, every member comes with a solution and family would pass the bad times together walking hand in hand. The combined families are the strength of India and a lesson to the western culture, they are adopting the family culture, but sadly we Indians are moving to nuclear families.

I already had written a blog why western people suffer from depression most, as they do not have a solid support system of families as we have in india, but changing values have given rise to so many kabirs in india too.

The movie has been given a positive turn, KABIR family come to support him and he meets his girl friend and starts a happy journey, but in reality how many kabirs get this opportunity as the status of health these people reach become irreversible.

The moral of the story is that we should learn and start teaching our children the art of acceptance of failure also, as in race everyone cannot come first, there will be players at second and third position also. We should learn the art of compromise also, suicide is not a solution to anything and children should have confidence in their parents that parents are standing by them in every thick and thin, life is not a bed of roses it has thorns also.

We should stick to our family values, as every member of the family teaches a lesson to the child and child is controlled and snubbed at every mistake. He learns to respect every member of the family.

Mother has to give full affection and her warmth to the child till he become 5 years of age, but now in name of modern and personal independent life parents give their infants separate bed, which is not good for a baby. Children need their mother or father hug while sleeping. A mother and father should hug and kiss their ward minimum 5 times in a day. When these children are provided a separate bed or cot they have to manage their emotions alone, when they need hand or mother or father to hold, they do not have that hand. Providing every luxury or facility is not the job of parents, providing affection and being with your children is most important. The children who spend more time alone have more inclination towards early physical relationships as they are devoid of warmth they need while growing. There are more chances of getting addicted to intoxicants.

When child is in front of us, he has less time to explore bad things or we can say now a day children have electronic gadgets and many of children have independent rooms, parents cannot have a vigil over them 24x7 , what they are watching and doing in their rooms .

So, the more valuable relations we are going to build with child more safe and protected are our children .....

Inderjit kaur

(THESE ARE MY VIEW AS I TEACH PARENTS AND CHILDREN BASIC ETHICS SO THAT WE CAN BUILD A HEALTHY NATION, EVERY PARENT SHOULD DO JUSTICE TO THEIR DUTY OF PARENTHOOD)